

Nai's three secrets

for my first time on stage

1 Practise for a tiny audience

Say your words to your toys, every day. The more you practise, the easier the words come out.

2 Wiggle and freeze like a starfish

Feet on the floor, arms out wide. Wiggle, wiggle, wiggle... and FREEZE!

3 Look for someone you love

Find one face you love. It feels like you're talking just to them.

Feeling a little wobbly is okay. You've got this!

✂ cut out pocket cards: one for your pocket, one for your grown-up in the audience

My three secrets

1 My tiny audience

2 Wiggle... FREEZE!

3 Someone I love

You've got this! Big Little Firsts

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